

2017
Cibola High School
Cougars Cross Country Invitational
September 23, 2017

TIME SCHEDULE: Varsity Boys: 9:00 am (7 Runners Max)
Varsity Girls: 9:30 am (7 Runners Max)
Open Division Boys: 10:00 am (Unlimited Entries)
Open Division Girls: 10:30 am (Unlimited Entries)

Race Location: Ventana Ranch Community Park. (Be aware that our course location has changed.)

SCORING: Scoring will be done using a standard race label system and stickers. Coaches need to send complete team rosters (boys and girls) to Coach Galen Martinez (glnmtz@yahoo.com) by Wednesday, September 20 at 5 pm.

COURSE: The 3.0 mile course starts and finishes on a grass field, with the course around the trails in the park facility. The Cibola Course is fast and spectator friendly. Runners will run mostly on crushed gravel, packed dirt, grass. A course map on second page.

DIRECTIONS & PARKING: From I-25 take Paseo del Norte west, passed Coors Blvd. to Universe Blvd, turn north on Universe Blvd to Ventana Ranch Comm. Park. Paved parking, we urge cross country spectators to park on the paved trail on the south side of the park. We may have soccer games going on at the same time. Can also be accessed from the east side by the baseball fields off Paradise Blvd and La Paz Dr., Just across from James Monroe Mid. School. Parking in the dirt area north of the b-ball fields.

Awards: Varsity Boys and Girls - Top 10 will receive medals. 11-20 ribbons
Open Boys and Girls - Top 20 will receive ribbons.
Team Awards - Top 3 teams Varsity Boys and Girls

Tent Setup: No spikes to used to tie down tents on the grass. Weighted items can be used.

For additional information contact Coach Galen Martinez at (505) 240-2591
glnmtz@yahoo.com.